# **Anesthesia Perioperative Medicine Clinic**

#### **Patient Instructions**

You have an appointment for evaluation at the Anesthesia Perioperative Medicine Clinic (APMC) with an anesthesia provider. You will meet with either an Advanced Practice Nurse or Resident Physician who will consult with an anesthesiologist to coordinate your care and discuss your options for anesthesia. This appointment may take up to 90 minutes.

The anesthesia provider will review your past history, medical records and perform a physical examination. Any additional necessary testing will either be performed in clinic (blood work, urine tests, ECGs) or appointments will be made for you to have testing completed.

You will receive instructions after your visit on how to manage your medications before surgery. Please review the sections below so that you are able to come prepared for your visit.

# **Preparing for Your Appointment**

Follow your normal routine. Do what you would usually do each day.

Eat before your appointment (some appointments take up to 90 minutes).

Take your medications as usual.

Allow 20 minutes for parking and walking to the AMPC clinic.

If you think you will be more than 15 minutes late or need to cancel your appointment please call 773-702-6927 to let us know.

If you arrive late, we will try to still see you, but we may need to reschedule your appointment.

# Some Things to Bring to Your Appointment

Fill out and bring the Medical History Form (found in your folder)

A list of all medications you take and the doses, telling how much you take and when you take them. You can also just bring all of the medication bottles.

A list of your doctor's names and phone numbers. Only the doctors who are not University of Chicago doctors.

A list of any questions you have for the doctor about anesthesia.

# **Examples Of Test Results You Should Bring.**

You may not need these tests. DO NOT get these test just because you may be having surgery. If you already had these tests done bring them to your appointment.

#### 1. Blood tests done within the last 6 months

#### 2. Heart tests such as:

- Stress test
- Electrocardiogram (ECG/EKG)
- Echocardiogram (an ultrasound of your heart)
- Heart scan
- Cardiac catheterization

#### 3. Other imaging tests

- Carotid dopplers
- CT scans (such as head, chest, and heart)
- MRI ( such as spine and head)

### 4. Chest X-Rays

#### 5. Breathing tests (pulmonary function tests)

### **Anesthesia Perioperative Medicine Clinic Contact Information**

**Telephone:** (773) 702-6927

Fax: (773) 926-0673

Clinic Location: Duchossois Center for Advanced Medicine (DCAM) 3rd Floor, Module 3E

on the south east corner.

# Ask How To Connect With Us Electronically With MyChart